



Nutritional Facts

June 2006

12" Crispy Pizza (sm)

PIZZA	number of servings	serving weight(g)	calories	total fat (g)	saturated fat (g)	cholesterol (mg)	sodium (mg)	total carbs (g)	dietary fiber (g)	sugars (g)	protein (g)
Cheese	8	58	130	6	2.5	10	240	13	1	1	5
bacon	+	11	50	4.5	2	10	220	0	-	-	3
banana peppers	+	7	0	0	0	-	-	0	0	0	0
beef	+	12	35	3	1	5	85	0	0	0	2
black olives	+	7	10	1	-	0	50	0	-	-	0
extra cheese	+	7	20	1.5	1	5	45	0	0	0	1
green olives	+	7	15	1	-	0	85	0	-	-	0
green peppers	+	7	0	0	0	0	0	0	0	0	0
ham	+	10	10	0.5	0	5	130	0	0	0	1
jalapenos	+	7	0	0	0	-	70	0	0	0	0
mushrooms	+	11	0	0	0	0	40	0	0	0	0
onions	+	7	5	0	0	0	0	1	0	0	0
pepperoni	+	8	35	3.5	1	10	370	0	0	0	2
pineapple	+	12	5	0	0	0	0	2	0	1	0
sausage	+	11	35	3	1	5	105	1	0	0	1
tomatoes	+	11	0	0	0	0	0	0	0	-	0
All-Meat	8	87	230	15	5	30	790	14	1	1	11
BBQ Chicken	8	81	170	7	2.5	15	410	21	2	7	8
Deluxe	8	97	190	11	3.5	15	630	15	1	1	7
Dutch Crunch	-	-	-	-	-	-	-	-	-	-	-
Garden Vegetable	8	98	150	8	2.5	10	370	15	1	1	6
Hawaiian	8	91	200	12	4.5	25	600	15	<1	2	10
PBJ	-	-	-	-	-	-	-	-	-	-	-
Taco	8	104	180	10	4.5	15	280	15	1	2	8
Tower	8	114	230	15	5	25	870	16	1	1	10