



**Nutritional Facts**

June 2006

**16" Thin Pizza (sm)**

PIZZA	number of servings	serving weight(g)	calories	total fat (g)	saturated fat (g)	cholesterol (mg)	sodium (mg)	total carbs (g)	dietary fiber (g)	sugars (g)	protein (g)
<b>Cheese</b>	12	101	230	9	3.5	15	490	30	0	1	9
bacon	+	12	60	5	2	15	240	0	-	-	3
banana peppers	+	9	0	0	0	-	-	0	0	0	0
beef	+	15	45	4	1.5	10	110	1	0	0	2
black olives	+	9	15	1.5	-	0	65	1	-	-	0
extra cheese	+	7	20	1.5	1	5	45	0	0	0	1
green olives	+	9	20	1.5	-	1	-	1	-	-	0
green peppers	+	9	0	0	0	0	0	0	0	0	0
ham	+	12	15	0.5	0	5	160	0	0	0	2
jalapenos	+	9	0	0	0	-	95	0	0	0	0
mushrooms	+	12	5	0	0	0	45	0	0	0	0
onions	+	9	5	0	0	0	0	1	0	0	0
pepperoni	+	10	45	4	1	10	450	0	0	0	2
pineapple	+	15	10	0	0	0	0	2	0	2	0
sausage	+	12	40	3	1	5	115	1	0	0	1
tomatoes	+	12	0	0	0	0	0	0	0	-	0
<b>All-Meat</b>	12	134	340	18	7	40	1130	31	0	2	15
<b>BBQ Chicken</b>	12	123	270	9	3.5	20	660	38	1	7	12
<b>Deluxe</b>	12	143	290	14	5	25	930	32	1	2	12
<b>Dutch Crunch</b>	-	-	-	-	-	-	-	-	-	-	-
<b>Garden Vegetable</b>	12	147	260	11	3.5	15	630	32	1	2	10
<b>Hawaiian</b>	12	140	310	15	6	35	900	32	0	3	15
<b>PBJ</b>	-	-	-	-	-	-	-	-	-	-	-
<b>Taco</b>	12	133	240	12	5	20	490	25	<1	2	11
<b>Tower</b>	12	164	350	18	6	35	1210	33	<1	2	15