



Nutritional Facts

June 2006

9" Thin Pizza (sm)

PIZZA	number of servings	serving weight(g)	calories	total fat (g)	saturated fat (g)	cholesterol (mg)	sodium (mg)	total carbs (g)	dietary fiber (g)	sugars (g)	protein (g)
Cheese	6	53	120	4.5	2	10	260	15	0	1	5
bacon	+	8	40	3	1.5	10	160	0	-	-	2
banana peppers	+	6	0	0	0	-	-	0	0	0	0
beef	+	9	30	2.5	1	5	70	0	0	0	1
black olives	+	6	10	1	-	0	40	0	-	-	0
extra cheese	+	8	20	1.5	1	5	45	0	0	0	1
green olives	+	6	10	1	-	0	65	0	-	-	0
green peppers	+	6	0	0	0	0	0	0	0	0	0
ham	+	8	10	0	0	5	100	0	0	0	1
jalapenos	+	6	0	0	0	-	55	0	0	0	0
mushrooms	+	7	0	0	0	0	30	0	0	0	0
onions	+	6	0	0	0	0	0	1	0	0	0
pepperoni	+	6	30	2.5	0.5	5	280	0	0	0	1
pineapple	+	9	5	0	0	0	0	1	0	1	0
sausage	+	8	25	2	0.5	5	75	1	0	0	1
tomatoes	+	8	0	0	0	0	0	0	0	-	0
All-Meat	6	75	190	10	4	25	680	16	0	1	9
BBQ Chicken	6	69	140	4.5	2	10	370	20	<1	5	7
Deluxe	6	81	160	8	3	15	560	17	<1	1	6
Dutch Crunch	6	90	280	3.5	0.5	0	310	62	<1	28	3
Garden Vegetable	6	82	140	6	2	5	350	17	<1	1	5
Hawaiian	6	78	170	8	3.5	20	520	17	0	2	8
PBJ	6	60	180	6	1	0	160	29	<1	13	4
Taco	6	84	150	6	3	10	290	16	0	1	6
Tower	6	94	190	10	3.5	20	730	17	1	1	8